



Zeeland Rocket Football Equipment Guidelines

Required Equipment:

- White football Helmet
 - Must have NOCSAE stamp of approval on it
 - [Helmet Fitting Guide](#)
- Shoulder Pads
 - [Shoulder Pad Fitting Guide](#)
- Black Pants
 - Must include thigh pads + knee pads + hip pads (or girdle)
 - Two pairs of pants are suggested (one for practices + one for games)
 - Practice pants do not have to be black
- Mouthguard
 - Must be attached to facemask (no cordless mouthpiece)
- Football Cleats

Additional Optional Equipment:

- Elbow/arm Pads
- Gloves

Suggested Shopping Places:

- [Dick's Sporting Goods](#)
- [Dunham's Sports](#)
- [Academy Sports](#)
- [Riddell](#)
- [Xenith](#)
- [Schutt](#)
- Facebook Marketplace
- Zeeland Sports Gear & Equipment Online Sale (Facebook group)
- Play It Again Sports (used equipment)
- West Michigan Sports & Recreation - Grandville,MI (used equipment)